



# Edson Food Bank Tour

4511- 5th Ave Edson, AB T7E 1B9

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MARGARINE	3	
MIXED MEAT	8	
MIXED VEGGIES		
Weiners	4	96
Hamburger	7	156
Granda Bars = 2 flats		
ITEM		
TOMATO SAUCE (24)	CASES	TOTAL
CANNED PASTA (12)	5	120
STEWED TOMATOES (24)	4	48
POPCORN PACKS	15	360
WET DOG FOOD	6	
	12	

## Welcome to the Edson Food Bank Society

We have been operating since 1981. We currently help serve close to 200 families per month with our supplementary hamper program - which provides 10-14 days worth of food.





## Hamper building

We host work bees twice per week. During these 90 minute sessions, our volunteers build 12-30 non-perishable hampers for the week ahead. Each hamper consists of an 'A' box and a 'B' box with a 3rd 'C' box for larger families of 5+ people. Contents vary in quantity based on family.

## 5/6 PEOPLE

### **A Box**

- 6 Rolls of Toilet Paper
- 5 Boxes Mac & Cheese
- 1 Pasta Sauce
- 2 Canned Tomato product
- 2 Cans of Alphagetti
- 2 Hamburger Helper

### **B Box**

- 3 Cans of Pork n Beans
- 5 Cans of Soup
- 2 Cans of Chunky Soup
- 1 Box of Soda Crackers

- 2 Box of Cookies
- 2 Box Snack Crackers
- 2 Box Granola Bars
- 1 Juice

### **C Box**

- 4 Cans of Vegetables
- 4 Cans of Fish/Meat
- 3 Boxes Dry Pasta
- 3 Cans of Fruit
- 2 4 Pkg of Pudding or Fruit cups
- 4 Ramen Noodles
- 2 Soup Broth

**2 Dozen Eggs**

**10 Fruit (5 Oranges, 5 Apples)**

**2 Tubs of Margarine**

**2 Bags of Potatoes**

**2 Bags of Carrots**

**4 Onions**

**4 Tomatoes**



# Appointment system and pantry selection

During the pandemic, we implemented an appointment system for our clients. We've kept that system and it continues to benefit our community. Our clients are asked to choose their own pantry staple items when they call to book their appointments.

Time: (Appt only) \_\_\_\_\_ Ph: \_\_\_\_\_

Client \_\_\_\_\_ Walk-in # \_\_\_\_\_

Adults \_\_\_\_\_ Children \_\_\_\_\_

Rice      Sugar      Flour  
Oatmeal   bulk / instant      Cereal  
Coffee   ground / instant or      Tea  
Carrots      Potatoes

Choose:

Peanut Butter OR Jam

Extras \_\_\_\_\_

\_\_\_\_\_

Order Complete?   Fresh \_\_\_\_   Frozen \_\_\_\_   Dry \_\_\_\_

Milk Coupon # \_\_\_\_\_







*Birthday Bags are donated to us by a local school union, most recently Westhaven School*

## School and Student Supports

During the summer months, we apply for a grant to be able to supply snacks to children on summer break from school. We decided this year to continue building these snack bags and rely on donations and reclamation to do so.





## Food Donations

We are so lucky to live in such a generous community. We do have 5 food donation drop off bins located around town- 2 were recently redesigned and constructed by volunteers. Our bins are checked and sorted regularly by our volunteers.

*Drop off bin locations*

**SHOPPERS**  
DRUG MART

**Home**  
hardware

Remedy'sRx  
The Local Drug Store

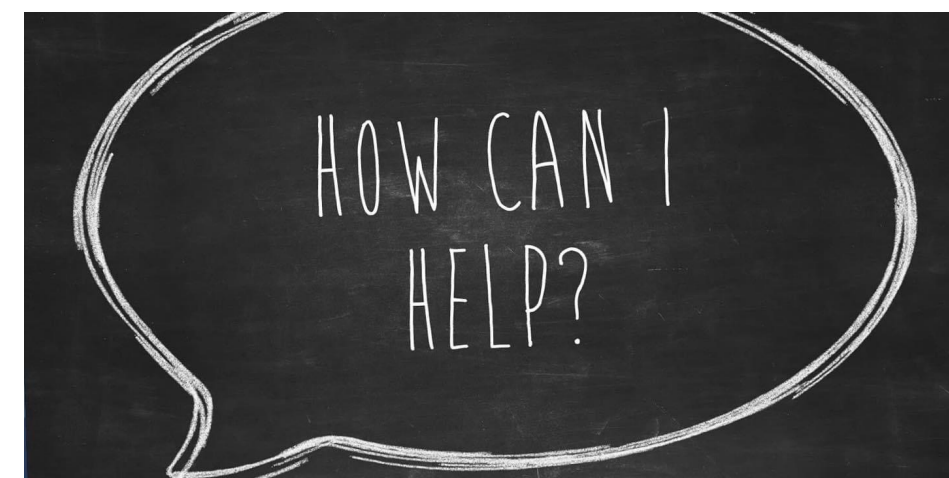
**Independent**  
Your Independent Grocer

**Sobeys**

**EDSON FOOD BANK SOCIETY**







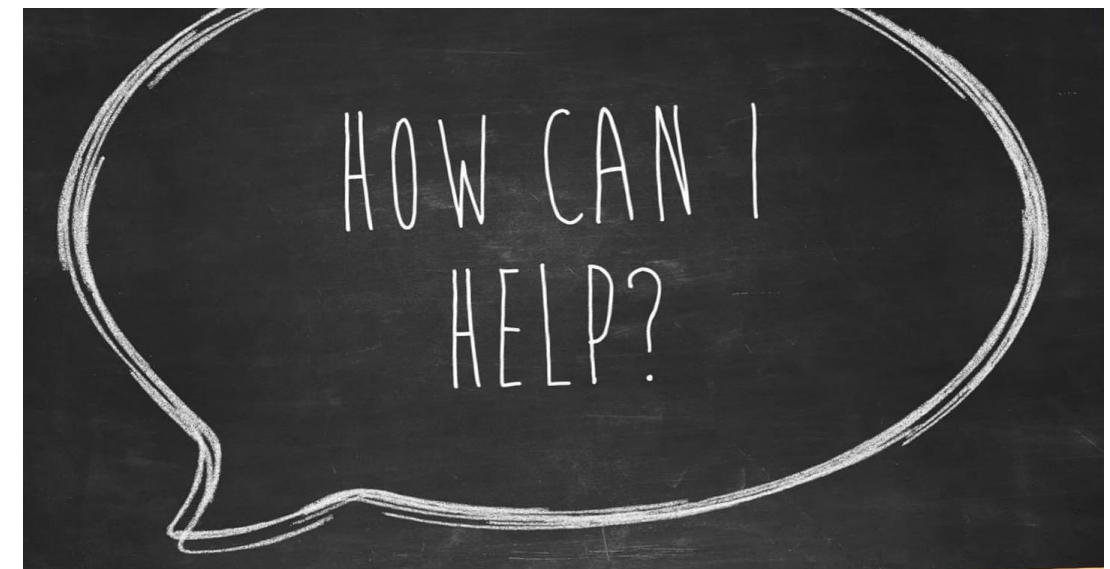
## FOOD DRIVES:

- Considering doing one? Do it! We absolutely welcome your initiative and generosity!
- What to collect? We have several Wishlist items (rice, sugar, flour, Chunky soup, canned vegetables, canned tuna)! But we welcome any non perishable foods and personal care items (soap, body wash, etc).
- How to manage? Call, text or message us to arrange a drop off time- we'll give you a photo, social media thank-you and a food weight total!

## Food Drives

We don't organize our own food drives BUT do support the initiative from community members and groups who choose to participate.





## VOLUNTEER OPPORTUNITIES

It's #wishlistwednesday and we need YOU!!! Did you know, we have several different volunteer roles? We have options for early birds, night owls, introverts, extroverts, drivers and walkers alike!!

- We have work bees every Mon. & Thurs. 9:30am-11am, where we plan and pack our hampers.
- We're open to clients every Tues. a.m. and have various positions available-including client intake, bulk room sorting, produce hamper building, bakery pickup and more!
- If you're a night owl, we are open 2 Thurs. evenings/month until 8pm with client facing and behind the scenes options.
- If you're a lone wolf and want to help by picking up deliveries, we have options for that, too!

## Our Volunteers

We have an updated list of 70 volunteers helping our organization in a variety of roles. From client facing to behind the scenes roles, we have an incredible group and unbeatable senses of community. We couldn't serve our community without our dedicated volunteers.





## Food waste and our farms program

We pride ourselves on being very close to zero waste. Any food that is unable to be consumed safely- it's past it's shelf life, has been damaged or opened - is distributed to our farm program. We also adhere closing to the Edson organics bin program.





## Food Recovery and Reclamation

We are able to receive produce, meat, dairy, non perishables and some non food items for free through our food reclamation process. We have partnerships with WalMart, Sobeys, Shoppers Drug Mart and Independent Grocers which allows us to receive their short dated or overstock products!



# Thank-you!

Thank you for supporting the  
Edson Food Bank Society

We are accessible online at our  
website or via email and you can  
connect with us via social media.

We also have a phone line dedicated  
to food hamper appointments  
(780-725-3185) plus a number for  
contacting our coordinator  
(780-723-1350) by phone or text.

